

Sophie Ouahbi Garcia

Associate

Montréal

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Industries & Expertise

EXPERTISE

Labour & Employment

Biography

BAR ADMISSION

Quebec, 2022

LANGUAGES SPOKEN

English, French, Spanish

Sophie Ouahbi Garcia touches on all areas of labour and employment law in her practice. As such, she represents and advises employers of all sizes on varied matters related to workplace health and safety, disciplinary measures, unionization, and collective bargaining. An accredited mediator with the Barreau du Québec and an experienced investigator, she prioritizes prevention and amicable resolutions to disputes while protecting her clients' interests.

A graduate of the political science and philosophy program at the Université Paris-Sorbonne and Sciences Po Paris, Sophie also holds a BCL and JD from McGill University. Throughout her studies in Montréal, she was involved in several charitable organizations, including Projet Innocence Québec and the Legal Information

Clinic at McGill. A gifted writer, she contributed to the *Gazette de droit de l'environnement* at the Université Paris-Sorbonne and coordinated a group of rapporteurs within the environmental law section of the American Bar Association.

Sophie stands out by her keen attention to detail and ability to build lasting, trust-based relationships with clients. Strategic and creative, she is committed to offer turnkey solutions tailored to her clients' needs.

Industry involvement

Memberships & affiliations

- Accredited Civil, Commercial, and Labour Mediator with the Barreau du Québec (2024)
- Accredited Small Claims Mediator (2024)