

Rachel Day

Associate

Edmonton

OFFICE

780.429.9440

rday@millerthomson.com



Industries & Expertise

INDUSTRIES

Banking and Financial Services | Transactions & Leasing | Real Estate

EXPERTISE

Corporate Law | Financial Services | Real Estate | Mergers & Acquisitions

Biography

BAR ADMISSION

Alberta, 2023

EDUCATION

- Juris Doctor (with Distinction), University of Alberta, 2022
- Bachelor of Commerce (with Distinction), University of Alberta, 2018
- Certificate in Interdisciplinary Leadership, Peter Lougheed Leadership College, 2018

LANGUAGES SPOKEN

English

Rachel is a member of Miller Thomson's Business Law Group and maintains a diverse corporate commercial practice. Before joining Miller Thomson as an associate in 2023, Rachel summered and articulated with the firm.

Prior to joining the firm, Rachel received her Juris Doctor with Distinction from the University of Alberta. Before law school, she also received a Bachelor of Commerce with Distinction from the University of Alberta.

Rachel has maintained an active pro bono practice since law school. Most recently, she has volunteered with the Civil Claims Duty Counsel (CCDC) project and the King's Bench Court Assistance Program, assisting self-represented litigants with civil matters in the Alberta Court of Justice and Court of King's Bench, respectively.

Industry involvement

Recognition

Achievements

- The Bryan and Company Student Leadership Award, 2022
- The Odishaw Family Prize in Mediation Advocacy, 2022
- The William H Hurlburt QC Scholarship in Law, 2021
- Professor Trevor Anderson Prize in Jurisprudence, 2021
- Howard T Emery Scholarship, 2020
- Faculty of Law Undergraduate Scholarship, 2020

Leadership

- Co-Chair, Women's Law Forum, 2021-2022
- Treasurer and Fundraising Chair, Women's Law Forum, 2020-2021
- Treasurer, Alberta Law Review, 2021-2022
- Editor, Alberta Law Review, 2020-2022
- Legal Writing and Research Writing Fellow, Faculty of Law, 2021-2022

Thought leadership

- Co-Author, "Fluoridating Community Water", Water Canada, May/June 2025
- Co-Author, "Appointing an inspector to assist with Court directed investigations in Alberta will be done sparingly," Miller Thomson Commercial Litigation Communiqué, January 31, 2023
- Co-Author, "Self-Driving Trucks Won't Take over the Industry without Changes to the Law," Western Canada Highway News, Summer 2023

- Co-Author, “Insurers Claim Mandatory Entry-Level Training Programs Fall Short: The Changing Landscape in Commercial Driving Training,” Western Canada Highway News, Winter 2023

Community roles

- Women’s Law Forum
 - Co-Chair, 2021-2022
 - Treasurer and Fundraising Chair, 2020-2021
 - 1L Representative, 2019-2020
- Alberta Law Review
 - Treasurer, 2021-2022
 - Editor, 2020-2022
- Legal Writing and Research Writing Fellow, 2021-2022
- Panda Barristers Women’s Rugby Club
 - President, 2021-2022
 - Team Member, 2019-2022