

Lara Jung

Associate

Vancouver

OFFICE

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Industries & Expertise

INDUSTRIES

Insurance and Risk Management

EXPERTISE

Commercial Litigation | Insurance Defence |
Estates and Trusts Litigation

Biography

BAR ADMISSION

British Columbia, 2025

EDUCATION

- JD, University of British Columbia, 2024
- Bachelor of Arts (Political Science), University of British Columbia, 2019

LANGUAGES SPOKEN

English

Lara Jung is an associate in the Advocacy Group at Miller Thomson where she maintains a growing litigation practice with a focus on insurance defence, estate litigation, and complex civil disputes. Lara is a diligent and strategic advocate who approaches each file with a focus on achieving results through efficient, client-

centered strategies that empower individuals and organizations to navigate legal challenges with confidence. She is committed to guiding clients through litigation as well as alternative methods of dispute resolution, including mediation.

Lara joined Miller Thomson as a summer student in 2023 and completed her articles with the firm in 2025. Throughout her articling year, she honed her advocacy skills by supporting senior counsel on a range of litigation matters, including appearances before the British Columbia Supreme Court and participation in mediations and other pre-trial processes.

Born and raised in Burnaby, Lara brings a strong sense of community and service to her practice. She has volunteered with organizations such as Big Sisters of BC, the Immigrant Services Society of BC, and Legal Aid BC. Her dedication to community engagement informs her approach to client advocacy—grounded, responsive, and tailored to the unique needs of each matter.

Industry involvement

Recognition

- Gabriel Rosina and Gabriel Iacobucci Prize, 2023

Thought leadership

- Co-Author, "Burned by ambiguity: Court of Appeal reinstates coverage for fire in licensed marijuana grow op," Law360 Canada, May 26, 2026
- Co-Author, "Traditional values v. contemporary justice: Court caries gender-biased will that favoured son," Law360 Canada, January 22, 2025
- Co-Author, "Late notice, lost coverage: Ontario Court of Appeal upholds insurer's denial of decence," Law360 Canada, December 23, 2024
- Co-Author, "How wheels, cold facts: BC Court rules against insured for misrepresenting material facts," Law360 Canada, December 2, 2024
- Co-Author, "ONCA orders rehearing of youth-led climate lawsuit," Law360 Canada, November 14, 2024

Community roles

- Big Sisters Alumni Committee

Memberships & affiliations

- Canadian Bar Association
- Law Society of British Columbia
- Trial Lawyers Association of BC

- Federation of Asian Canadian Lawyers