



Matthew Steinlauf

Associate | Montréal

514.879.2127

msteinlauf@millerthomson.com

Biography

Matthew joined the Business Law group after completing his Articling at Miller Thomson.

Matthew graduated from the University of Ottawa with both Civil and Common law degrees.

During his studies, Matthew consistently demonstrated academic performance and earned a place on the Dean's Honour List for multiple semesters. His proficiency and achievements in alternative dispute resolution methods were recognized by the Barreau du Québec, which awarded him the prestigious "Prix Sur la Justice Participative".

Matthew brings a unique entrepreneurial perspective to his practice. Prior to joining Miller Thomson, he co-founded and grew a successful fitness studio in Montreal. His clientele consisted of entrepreneurs and business professionals seeking to improve their health and well-being while juggling busy schedules. Matthew's work ranged from facilitating significant weight loss to promoting substantial strength gains, all with the goal of enhancing his clients' overall quality of life.

With an entrepreneurial spirit, Matthew believes he will have the ability to meet diverse client needs and form a strong connection with clients embarking on their first venture or expanding to the next.

Outside of his professional pursuits, Matthew enjoys barbell training as well as practicing Brazilian Jiu Jitsu, where he holds the rank of Purple belt under Team Gracie Barra.

Languages spoken

- English
- French

Bar admissions & education

- Quebec, 2023
- J.D., University of Ottawa, JD, 2022 (Cum Laude)
- LL.L., University of Ottawa, LL.L, 2021 (Cum Laude)