

Michel La Roche

Associate Counsel

Montréal

OFFICE

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Industries & Expertise

EXPERTISE

Restructuring & Insolvency | Transactions & Leasing

Biography

BAR ADMISSION

Quebec, 1975

EDUCATION

- LL.L, Université de Montréal, 1974

LANGUAGES SPOKEN

English, French

Michel La Roche, a senior commercial lawyer, has a wealth of experience in restructuring, financing, insolvency and commercial fraud. Specializing in asset transactions in the real estate, construction and other industries, Michel represents a diverse range of clients, including financial institutions and corporations. He is a frequent speaker at prestigious legal and financial institutions and has a strong presence in Canadian courts.

Michel received his LLL from the Université de Montréal in 1974, providing him with a solid academic foundation that complements his extensive experience in business law. His educational background enriches his legal expertise, making him a well-rounded and knowledgeable professional ready to tackle complex legal challenges.

Michel's impressive list of accolades includes being recognized as a top insolvency lawyer by The Best Lawyers in Canada for over a decade. He holds a prominent position in the Canadian Bar Association and has been repeatedly recommended by the Canadian Legal Lexpert Directory for his work in insolvency and financial restructuring. He also serves as Chairman of the Board of Pinegrove Golf.

Industry involvement

Recognition

- *The Best Lawyers in Canada* – Insolvency and Financial Restructuring Law, 2013-2025
- Canadian Legal Lexpert Directory: Repeatedly Recommended in Insolvency and Financial Restructuring, 2022-2024
- Chairman of the Board of Directors of Pinegrove Golf

Community roles

- Former President of the Young Bar of Montréal
- Member of the Board of the Bar of Montréal
- Member of the Board of the Quebec Bar
- Member of the Board of the Corporation de services du Barreau du Québec
- Member of various committees, including the committee on Liaison with the Superior Court, Commercial Division, for several years

Memberships & affiliations

- Canadian Bar Association