



# The Expanding Role of Nurse Practitioners (RN(EC)s) in Ontario

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# Privileges for NPs (Everything you wanted to know but were afraid to ask)



#### Overview

- 1. Legislative Roots
- 2. Common Law Obligations
- 3. The Decision to Appoint
- 4. Credentialing and Appointment Issues



# Public Hospitals Act

- Board Powers s.36
  - Appointment and privileges limited to physicians
- Medical Advisory Committee s. 35
  - Recommendations re: appointment and reappointment limited to physicians s. 37
  - Other duties as assigned by Act or Board



# Regulation 965 under the PHA

- s. 11(1) No person shall be admitted to a hospital as a patient except:
  - (a.1) on the order or under the authority of a registered nurse in the extended class who is a member of the extended class nursing staff; (July 1<sup>st</sup>, 2012)
- s. 11(3) No person shall be registered in a hospital as an out-patient except:
  - (a) on the order or under the authority of a member of the medical staff, midwifery staff or extended class nursing staff



# "Extended Class Nursing Staff"

- Defined at section 1 of Regulation 965 as those NPs in a hospital who are:
  - Employed by the hospital and are authorized to diagnose, prescribe for or treat out-patients or in-patients in the hospital; or
  - Who are not employed by the hospital and to whom the Board has granted privileges to diagnose, prescribe for or treat outpatients or in-patients in the hospital.
- NP staff previously only permitted to diagnose, prescribe for or treat out-patients



# Common Law Obligations

- Board has duty to appointment [physicians] that
  - Meet the needs of the community
  - Effectively utilize the resources of the hospital
  - Are skilled & experience
  - Will work as an effective member of the healthcare team (collaborative, respectful, ensure patient and staff safety)



#### To Credential or not to Credential

- Need for service
- Right of access required
- Scope of practice independently definable
- Quality and review
- Funding
- Appointment vs employment



# Credentialing Issues

- Credentialing criteria
- Credentialing process (not prescribed by statute)
- Discipline and appeal



# Appointment

#### Foundation for Appointment & Re-Appointment

- Competency and quality of care
- Professional human resource need and resource availability
- Collegiality
  - Team work
  - Interpersonal behaviors
  - Compliance with rules



# Expanding the Role of NPs in Hospitals



### Overview

- 1. Impetus for Change
- 2. Legislative Amendments
- 3. Considerations for Implementation



#### HPRAC Review re: Scope of Practice for NPs

- Initiated at request of Ontario Minister of Health
- HPRAC Report (2008):
  - NP practice constrained through restrictive provisions built into law and regulation
  - Expansion of NP scope of practice and changes to regulatory system are in the public interest
  - Provided detailed and specific recommendations re: regulatory and legislative changes → Bill 179 (Regulated Health Professions Statute Law Amendment Act)



#### **Medical Directives**

- Historical reliance on physician delegation via medical directive to "expand" NP scope of practice
- Band-aid solution with some challenges:
  - Complex documents usually requiring time to draft
  - In hospital or other multi-disciplinary setting, all authorizing physicians must agree
  - Processes for implementation can be cumbersome



# Expansion of NP Care

- Scope of practice expanded to permit NPs to:
  - Set or cast fracture, dislocation (Oct 1/11);
  - Apply forms of energy prescribed by regulation (pending);
  - Dispense/sell/compound/prescribe drugs within scope of practice (Oct 1/11)
    - Removal of "lists" of drugs NPs can prescribe
- RNs and RPNs authorized to implement order by NPs for performance of controlled act (Oct 1/11)
- Opportunities created for expanded role of NPs in hospitals



# **Expansion of NP Care**

- Significant legislative amendments affecting hospital care provided by NPs
- Contingent on NP having appropriate relationship with hospital (employment, privileges, contractual)
- Subject to authorization by hospital/Board
- Individual NP professional scope of practice and competencies



# 1. Attending Hospital In-Patients

- NPs employed or privileged by hospital permitted to independently attend in-patients (July 1/11)
  - Previously restricted to out-patients
- Orders for treatment/diagnostic procedures (s. 24)
- Incidental amendments to Reg 965 regarding completion and authentication of medical records for examination, treatment, reports by NPs for in-patients (s. 19)



# 2. Laboratory Tests

- Removal of restrictions on lab tests NPs can order
  - "Lists" under Laboratory and Specimen Collection Centre Licensing Act (July 1/11); and Nursing Act (Oct 1/11)
- Lab tests are insured services when ordered by NPs in hospitals or independent health facilities (Jun 3/11)
  - Health Insurance Act Reg 552



#### 3. Medical Certificates of Death

- For patient who dies in a hospital, <u>attending NP</u> can:
  - Complete medical certificate of death under Vital Statistics Act (VSA)
  - Complete Form 1 (certificate of death) under PHA (July 1/11)
- VSA authority subject to legislated restrictions:
  - Must have had primary responsibility for patient during last illness;
     and
  - During last illness:
    - Death was expected,
    - Documented diagnosis of terminal illness made by qualified medical practitioner;
    - Predictable pattern of decline;
    - No unexpected events/complications

(Reg 965, s. 17; VSA Reg 1094, s. 35)



# 4. Discharge of Hospital In-patients

- Authorized to write discharge orders for patients who are no longer in need of treatment in the hospital and communicate order to patient
  - In capacity as attending NP
  - Where designated by attending physician, midwife, dentist (oral and maxillofacial surgeon) or NP

(Reg 965 s.16)



# 5. Admit Hospital In-Patients

- As of <u>July 1, 2012</u>, NP staff be able to admit hospital inpatients on the order or under authority of NP staff
  - Currently able to register out-patients on order/authority of NP staff
- Must be clinically necessary to admit as in-patient
- Incidental amendments regarding notification re: dangerous or infectious patient

(Reg 965 s.11, s.14)



# Other Upcoming Changes

- Removal of current restrictions on types of Xrays NPs can order
  - Will be able to order x-ray and CT scan as appropriate for patient care
  - Amendments to Healing Arts Radiation Protection
     Act (HARP) pending proclamation



# Considerations for Change

- Opportunities, not requirements
- Roles/responsibilities of NPs subject to hospital authorization
- Implications for delivery of hospital care
- NPs' scope of practice and competencies
- Existing patient care model(s), organizational structure and staffing
- Governance, policy, HR and risk frameworks



#### Thank You!

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