Kathryn Frelick has a specialized practice in health industry law and is one of Miller Thomson’s leading lawyers in this area. She advises public and private health industry clients on a broad range of matters, with a particular focus on regulatory, strategic, and risk management advice, as well as advocacy before administrative tribunals and regulatory bodies.

Kathryn’s regulatory practice includes expertise in areas such as health information and privacy, quality and patient safety, mental health, consent and capacity, health profession regulation, health insurance legislation, research and innovation, private health care, and corporate regulatory compliance.

In addition to her health practice, Kathryn advises clients on all aspects of federal and provincial privacy and freedom-of-information laws, including the management of privacy and security breaches, complaints, and proceedings. Kathryn regularly assists businesses, from startups to multinationals, to navigate Canada’s complex health regulatory and privacy regimes.

Kathryn is responsible for “Miller Thomson On Call,” an innovative program that provides 24/7 access to legal advice for health industry clients who require cost-effective, “real-time” assistance. Kathryn has assisted health industry clients in proceedings before the Ontario Court of Appeal, Superior Court of Justice, Coroner’s Courts, Consent and Capacity Board, Health Professions Review and Appeal Board, and Health Services Appeal and Review Board, as well as privacy and health profession regulatory bodies.

Kathryn worked in a hospital setting before her legal career, which provides an excellent framework for developing a quick and thorough understanding of her clients’ needs. Kathryn works with her clients to develop practical solutions to their legal problems in a manner that will best achieve their objectives.

**Thought leadership**

**Book Chapters**

- Legal Aspects of Health Information Management in *Fundamentals of Health Information Management*, Canadian Health Care Association/Canadian Health Information Management Association (2nd edition 2013)

**Recent Presentations**

- **Beyond PHIPA: What Other Legislation Do You Need to Consider?** [Health Law], Privacy Law Summit 2017, Ontario Bar Association (April 7, 2017)
- **How to Cope: Managing Mental Health Issues in the Workplace**, Miller Thomson Labour and Employment Law Conference (April 6, 2017)
- **Cyber Risk in the Health Sector** Council on Licensure, Enforcement & Regulation
Dr. Seuss’s ABC’s – Privacy and Confidentiality, Long-Term Care Leadership Conference (April 27, 2016)

Protecting Quality and Risk Documentation – How to get the Balance Right (April 6, 2016)

Legislative Update, Risk & Compliance Miller Thomson LLP, Coffee Talk: A Health Industry Seminar Series (February 17, 2016)

Getting Ready for Freedom of Information and Protection of Privacy Act, Community Care Access Centre, (February 16, 2016)

The Continued Evolution of Privacy and Risk, Miller Thomson and HUB International Limited Roundtable: Emerging Risks in Long-Term Care (January 27, 2016)


Current and Emerging Privacy Issues in LTC- Video Surveillance, Social Media and Email, 2015 Guide to Legal Risk Management in Long-Term Care, Osgoode Professional Development (September 28, 2015)


Getting Ready for Vanessa’s Law, UPS Canadian Healthcare Summit (November 6, 2014)

Privacy and Information Sharing for FHTs and CHCs, Miller Thomson and HUB International Limited Roundtable: Legal Landscape of Family Health Teams and Community Health Centres (October 23, 2014)

Getting Ready for Canada’s Anti-Spam Legislation, Ontario Association of Community Care Access Centres (May 14, 2014)

What Does Canada’s Anti-spam Legislation (CASL) Mean to You?, Miller Thomson Labour and Employment Law Conference (April 24, 2014)

Privacy for Long Term Care Homes, Miller Thomson and HUB International Limited Roundtable: Managing Risk for Long-Term Care Homes (March 31, 2014)

Canada’s Anti-Spam Legislation – Are you Ready?, Guelph Chamber of Commerce (February 27, 2014)

Getting Ready for Canada’s Anti-Spam Legislation – Part 2, Ontario Corporate Counsel CPD Series (January 22, 2014)

Select Publications

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A New Era for Privacy Class Actions – Hopkins v. Kay and Implications for the Health Industry, Canadian Corporate Counsel (December 2015)

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Broader Public Sector Accountability Bill Receives Royal Assent, Health Communiqué, January 16, 2015

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Changes to Food and Drugs Act Address Patient Safety – Passage of Vanessa’s Law, Ontario Bar Association, 2014
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Broader Public Sector Accountability Bill Re-introduced, Labour and Employment Communiqué, July 31, 2014
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Professional memberships
- Member, Canadian and Ontario Bar Associations
- Member, Privacy and Health Sections of the Ontario Bar Association
- Former Member, Centre for Addiction and Mental Health Research Ethics Committee
- Member, Medico-Legal Society of Toronto

Bar admissions & education
- Ontario Bar, 1998
- LL.B., University of Windsor, 1996
- H.B.Sc., (biology and psychology), Queen’s University, 1992